

# War Beneath My Skin

Written & Produced by Salvatore a Vigliotti

♩ = 100  
D#

Vocals

music

Piano

Guitar

Bass

Violin

Synth

Drums

The musical score is written for seven instruments: Vocals, Piano, Guitar, Bass, Violin, Synth, and Drums. The key signature is D major (two sharps) and the time signature is 4/4. The tempo is marked as 100 BPM. The score is divided into three measures. The guitar part in the second measure features a triplet of eighth notes and a barre on the fifth fret. The guitar tablature for the second measure is as follows:

4	4	4	4	4	4	4	4	4
3	3	3	3	3	3	3	3	3
5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6



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4

E D#

The musical score is written for guitar in the key of E major (indicated by four sharps: F#, C#, G#, D#) and 4/4 time. It consists of seven systems of staves. The first system shows a treble clef staff with a whole rest in the first measure, followed by two measures of whole notes: E in the first measure and D# in the second. The second system shows a grand staff (treble and bass clefs) with whole rests in all four staves. The third system features a treble clef staff with a whole rest in the first measure, followed by a series of chords and melodic lines in the second and third measures. Below this staff is a guitar-specific notation system with strings labeled G, A, B and fret numbers. The fourth system shows a bass clef staff with a whole rest in the first measure, followed by a melodic line in the second measure and a whole rest in the third. Below this staff is a guitar-specific notation system with strings labeled G, A, B and fret numbers. The fifth system shows a treble clef staff with a whole rest in the first measure, followed by two measures of whole notes: E in the first measure and D# in the second. The sixth system shows a treble clef staff with a whole rest in the first measure, followed by two measures of whole notes: E in the first measure and D# in the second. The seventh system shows a bass clef staff with a whole rest in the first measure, followed by a melodic line in the second measure and a whole rest in the third. Below this staff is a guitar-specific notation system with strings labeled G, A, B and fret numbers.

7 E D# E

	(4)	4	4	0	5	11	6	6	6	6	6	3	3	3	0	9	11	19	18
<b>T</b>	(3)	3	3	0	6	11-12	8	8	8	8	8	8	4	4	4	0	6	16	15
<b>A</b>	(1)	1	1	2	6	8	8	8	8	8	8	8	3	3	3	6	13		
<b>B</b>	(1)	1	1	2	4	10	10	10	10	10	10	6	6	4	2	13			
				0	4	11	11	11	11	11	11				0	9	11		

<b>T</b>																			
<b>A</b>					1	2-1	1	1-1	1-1	1-1	4	6	4	2	4	1	3		
<b>B</b>																			



Chord progression: D# C# D#

Chord progression: D# C# D#

18 18

	4-4-4	4-4	4-4	4-4	4-4-4	4-4	0	0	3		4-4-4	4-4	4-4	4-4	4-4-2
G	3-3-3	3-3	3-3	3-3	3-3-3	3-3	0	2	4	4	3-3-3	3-3	3-3	3-3	3-3-1
A	1-1-1	1-1	1-1	1-1	1-1-1	1-1	1	3	4		1-1-1	1-1	1-1	1-1	
B	1-1-1	1-1	1-1	1-1	1-1-1	1-1	2	4	2		1-1-1	1-1	1-1	1-1	4
	11				0		0								4

13

D# D#m

What's on inside of me?

1 — 1 — 1 — 1 — 1 — 1 — 3 — 6

6



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D#m

Vocal line staff with notes and lyrics. The lyrics are "-medicated is the life" and "I like".

-medicated is the life

I like

Piano accompaniment staves showing the right and left hand parts.

Piano accompaniment staves with guitar chord diagrams for the right and left hands.

Piano accompaniment staves with guitar chord diagrams for the right and left hands.

Empty vocal line staff.

Piano accompaniment staves with guitar chord diagrams for the right and left hands.



B

Kill a few brain cells, no big deal

4	4	4	4	4	4	4	4	4	4	8	8
3	4	4	4	4	4	4	4	4	4	9	9
1	4	4	4	4	4	4	4	4	4	8	8
2	2	2	2	2	2	2	2	2	2	6	6

1	4	2	2
---	---	---	---



25

G#

G#7

G#

Taking a concert and rotting my brain Having

8

3

3

8

3

	4	4	4	4	4	4	4	4	4	4
T	5	5	5	5	5	5	5	5	5	5
A	6	6	6	6	6	6	6	6	6	6
B								4	4	

8

1

1

1

1

1

1

1

1

1

1

3

8









33

C# B

way, hey! Makes me insane When I hear

8

8

8

4 4 4 4 4 4 4 4

5 5 5 5 5 5 5 5

6 6 6 6 6 6 6 6

6 6 6 6 6 6 6 6

4 4

2 2 2 2 2 2 2 2



35

D#m F#

8

you say

4 4 4 4 4 4

3 3 3 3 3 3

1 1 1 1 1 1

6 6

2 2 3 4 4 2

8

1 4 4 4 4 6 4 4

8

8

37

C# B

Do it this way

8

8

6 6 4 4 4 4

6 6 6 6 6 6

4 4 4 4 4 4

4 4 4 4 4 4

4 4 4 4 4

3





41

C# B

War beneath my skin, you can make me feel

4	4	4	4	4	4	2	2	2	2	2	2	2	2	2	2	2	2	2	2
6	6	6	6	6	6	2	2	0	0	0	0	0	0	0	0	0	0	0	0
6	6	6	6	6	6	4	4	4	4	4	4	4	4	4	4	4	4	4	4
4	4	4	4	4	4	4	4	2	2	2	2	2	2	2	2	2	2	2	2
4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4



D#m

F#

C#

43

War beneath my skin, it's my life you can't win

2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	6	6	6	6	6	6
4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	7	7	7	7	7	7
3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	6	6	6	6	6	6
1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	4	4	4	4	4	4
																4	4	4	4	4	4
																2	2	2	2	2	2





47

C# B D#m

War beneath my skin

The first system of music features a vocal line in treble clef with a key signature of three sharps (F#, C#, G#) and a 3/4 time signature. The lyrics "War beneath my skin" are written below the vocal line. The piano accompaniment consists of two staves: a right-hand treble staff and a left-hand bass staff. The piano part includes various chordal textures and melodic lines, with some notes marked with an 'x' to indicate muted strings. A triplet of eighth notes is marked with a '3' in the second measure of the piano accompaniment.

The second system continues the musical notation. It includes a guitar fretboard diagram with two staves labeled 'A' and 'B'. The diagram shows the fret positions for the strings in the first and second positions. The fret numbers are: A: 1, 1, 2, 1, 1, 4; B: 1, 1, 2, 0, 4, 4. The second measure of the diagram shows a triplet of eighth notes: 4 4 4 / 3 3 3 / 1 1 1.

The third system continues the musical notation. It includes a guitar fretboard diagram with two staves labeled 'A' and 'B'. The fret numbers are: A: 1, 1, 2, 4, 2, 1; B: 3, 1, 1, 1, 1, 1, 1, 1, 1, 1.

The fourth system continues the musical notation. It includes a guitar fretboard diagram with two staves labeled 'A' and 'B'. The fret numbers are: A: 1, 1, 2, 4, 2, 1; B: 3, 1, 1, 1, 1, 1, 1, 1, 1, 1.



49

C#

D#m

C#

D#m

Musical notation for the first system, including a vocal line with the word "My" and piano accompaniment with triplets.

Musical notation for the second system, including piano accompaniment and guitar chord diagrams for the right hand.

	4	4	4	4	4	4	4	4	1
<b>F</b>	3	3	3	3	4	6	3	4	3
<b>B</b>	1	1	1	1	1	4	1	1	3

Musical notation for the third system, including piano accompaniment and guitar chord diagrams for the left hand.

	3	2	4	1	1	1	1	4	1	1	1	1	4
--	---	---	---	---	---	---	---	---	---	---	---	---	---

Musical notation for the fourth system, including piano accompaniment and guitar chord diagrams for the left hand.



C#

D#m

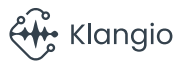
51

8 skin,

G	4	4	0	2	4	4	4	4	4	4	4	4	4	4
A	3	3		1	3	4	3	3	3	3	3	3	3	3
B	1	1	2	4	1	4	3	1	1	1	1	1	1	1

8

G	1	2	4	1	3	1	1	1	1	1	1	1	1	1
A														
B														





55

D#m

The musical score is written for guitar and piano. The key signature is D#m (F# major) and the time signature is 3/4. The guitar part starts with a capo at the 8th fret. The piano part includes a right-hand accompaniment with a complex fingering pattern and a left-hand bass line. The score is divided into two systems, each with two staves for guitar and two for piano.

57

B

D#m

If

Musical score for guitar and piano. The guitar part is in the key of F#m (three sharps) with a capo on the 8th fret. The piano accompaniment is in the same key. The score includes a melodic line for guitar and a bass line with fret numbers. The piano part features chords and a bass line. The word "If" is written above the piano right-hand part.



59

D#m7

3

G#

D#m7

B

this is the life that I wanna lead

Don't you ever get in my way

Musical notation for the first system, including vocal line and piano accompaniment.

Musical notation for the second system, including guitar fretboard diagrams for guitar A and B.

Musical notation for the third system, including bass line and guitar fretboard diagrams for guitar A and B.

Musical notation for the fourth system, including piano accompaniment.





63

G# F# G#<sup>7</sup> G# G#<sup>7</sup> B

comes to boil every time you say You must live in a way that is fit for me

11 11 13 11 13 11 13 14 11 1 0 1 0 1 14 16

1 1

3

65

Can I decide the life that is for me Or am I a puppet on a string for thee?

19 20 19 20 19 20 19 20 19 20 18 19 16 14 16 16 16 16 16 14 11

3 3

2



67

D#

8

3

8

3

8

8 8 8 8

8

1

1

3

8





73

The musical score is arranged in a system with multiple staves. At the top, there is a single treble clef staff with a key signature of three sharps (F#, C#, G#) and a common time signature. Below this is a grand staff consisting of a treble and bass clef staff. The guitar part is shown in two systems: the first system includes a treble clef staff with notes and a guitar tablature staff with fret numbers (11, 12, 8, 6, 6) and fingerings (4, 3, 1, 1, 1, 4, 4, 3, 4, 4, 1, 1, 2); the second system includes a bass clef staff with notes and a guitar tablature staff with fingerings (1-2, 1, 4, 1-1, 1-1, 1-1). Below the grand staff is a drum part with a single staff and a key signature of three sharps, featuring various rhythmic patterns and accents.



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82

F#

G#

B

3

G#

it's my life you can't win

War beneath my skin,

The first system of the musical score features a vocal line in treble clef with a key signature of three sharps (F#, C#, G#) and a common time signature. The lyrics "it's my life you can't win" and "War beneath my skin," are written below the notes. The piano accompaniment consists of two staves: a right-hand staff with chords and a left-hand staff with a rhythmic pattern of eighth notes.

The second system continues the piano accompaniment. It includes a guitar tablature section below the right-hand staff, showing fret numbers for the strings. The tablature is organized into two systems: the first system covers measures 1-6 with fret numbers 6-6-6-6-6-6-6-6-6-6-6-6, and the second system covers measures 7-8 with fret numbers 11-11-11-11-11-11-11-11-11-11-11-11 and 8-8-8-8-8-8. A '6' is also indicated below the second system's tablature.

The third system continues the piano accompaniment. It includes a guitar tablature section below the right-hand staff. The tablature shows fret numbers 6 and 11 for the strings. A '6' is also indicated below the tablature.

The fourth system continues the piano accompaniment with two staves. The right-hand staff features chords and the left-hand staff features a rhythmic pattern of eighth notes. The system concludes with a double bar line.











96

D#

F#

3

3

4 4 4 4 4 4 4 4 4 4

11 11-11-11-11-11 11 11-11 11-11

2 2 2 2 2 2 4 4 1 1 1 1 1 1 1 1



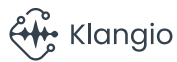
98

C# C#7

11 19-19-19-19-19-19-19-19 19-19-19-19-19 9 6 4 6 4 6 8 9 6 4 6 6  
20-20-20-20-20-20-20-20 20-20-20-20-20 6 4 6

1 4

3



100

F# D#

The musical score is written for guitar and piano. It features a key signature of one sharp (F#) and a 3/4 time signature. The score is divided into six systems. The first system shows a treble clef with a key signature of one sharp and a measure rest. The second system shows a grand staff with a treble clef and a bass clef, with a measure rest in both. The third system shows a grand staff with a treble clef and a bass clef, with a measure rest in both. The fourth system shows a grand staff with a treble clef and a bass clef, with a measure rest in both. The fifth system shows a grand staff with a treble clef and a bass clef, with a measure rest in both. The sixth system shows a grand staff with a treble clef and a bass clef, with a measure rest in both.



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